

SAGA MONTHLY

OF SIGMA TAU GAMMA FRATERNITY

VOL. 3 | ISSUE 3

MARCH 2018



CREATING OPPORTUNITIES ONE PLUNGE AT A TIME

As gentlemen of Sig Tau, we go above and beyond to live out our Principle of Citizenship. One way we do this is hosting and participating in the Polar Plunge, an event in which participants jump into frigid water to help raise money and awareness for Special Olympics. Recently it was time for the men of the Gamma Rho Chapter at Cameron and the Delta Chapter at Emporia State to take the plunge.

Seven members at Cameron teamed up to take on the cold temperature and even colder water. Director of Member and Community Engagement Jose Olivo, Cameron, was one of the seven.

"Once we all joined the plunge team, we posted it all over social media and began to promote it. It was like 20 degrees, but it was fun and worth it," Olivo said. "As college students and fraternity men, we have so many resources and ways to promote something, and we should do everything we can to create opportunities for others."

In total, the men at Cameron raised over \$1,600 for Special Olympics.

Our brothers at Emporia State made an entire day's festivities out of their efforts. The day began early that morning with biscuits and gravy, followed by a 5k race ending at the lake where they would ultimately take the plunge. In total 18 undergraduates and one alumnus participated, raising over \$1,000.

Director of Community Engagement, Austin Borders, Emporia State, said the experience made him realize how close-knit the chapter is.

"It feels great to accomplish something together. Seeing how everyone bonded, undergrads and alumni is a big eye-opener and shows how important brotherhood and giving back is to our chapter."

The Gamma Rho Chapter and Delta Chapter are just two success stories of the meaningful work Sig Tau is doing in the community. Please continue to share your Polar Plunge efforts with HQ and on social media to help demonstrate to the world that the gentlemen of Sig Tau are generous and kind.

5 THINGS TO KNOW ABOUT SIG TAU THIS MONTH

1

Foundation Trustees Meet in Ft. Lauderdale

The Trustees held their annual winter meeting February 9-10. They adopted a new policy manual, discussed fundraising ideas, and approved the FY17 audit.

2

Ohio State & Texas Associate Chapters Established

The Fraternity is now on 84 campuses with the addition of The Ohio State and Texas located in Austin.

3

Now Accepting 2018 Fraternity Award Nominations

Do you know a brother deserving of recognition for his accomplishments? Nominate him today for an opportunity to be presented an award at Grand Conclave Phoenix.

4

San Diego Alumni Reception

March 2, alumni will gather north of San Diego in La Jolla, California. A brief Fraternity update will be shared by National President Jonathan Proehl, UW – River Falls.

5

Colorado and Texas Tech Expansions Underway

Efforts to recruit noble men at Colorado Boulder and Texas Tech have started. If you know a young man who would be the perfect addition to our brotherhood, let us know.



SINGING FOR SERVICE

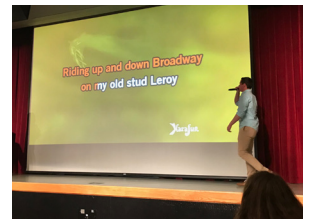
When you think of a small college town, and you hear the word karaoke, what is the first image that comes to mind? I am willing to wager that raising money for philanthropy was not the first thing you imagined. The men of the Alpha Chapter at the University of Central Missouri paired with the women of Delta Zeta, along with others from the UCM Greek community, to put on a show that everyone would remember at Karaoke for Kidz.

Karaoke for Kidz is an interactive and competitive karaoke showdown that helps raise money for each organization's local philanthropic partner. On February 13, members of Delta Chi, Alpha Omicron Pi, Alpha Phi, Delta Zeta, and Sig Tau signed up with their singing partners and chose a favorite song to show off their vocal abilities.

During each performance, buckets were passed around, and audience members were able to give money to the performer they believed stole the show. The performer who collected the most cash during their set received a large prize basket of donated goods. All of the proceeds were donated to Special Olympics and Delta Zeta's National Service Partner, The Painted Turtle Camp, a camp for children with chronic illnesses.



"As a chapter, we wanted to go outside the box with an event. When we decided on a Karaoke competition, it just felt right to have a partnership. We were touched by Sigma Tau Gamma's connection to Special Olympics and knew immediately that the men of Sig Tau would be entertaining and great to work with," Ciara Wieggers, VP of Philanthropy for Delta Zeta, said.



"This was the first time Delta Zeta and Sigma Tau Gamma were able to put together Karaoke for Kidz, and it was such a success," Philanthropy Coordinator, Hayden Vaughn, Central Missouri, said.

Both the Alpha Chapter at Central Missouri and the women of Delta Zeta hope this event will become an annual tradition for years to come.

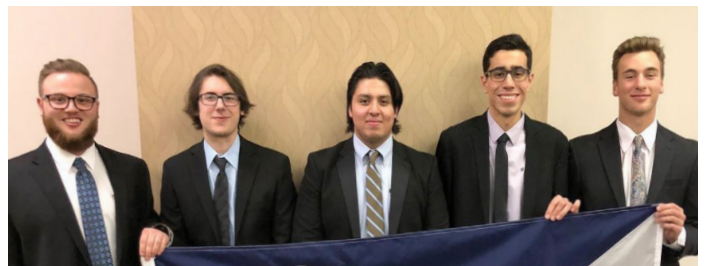
RECRUITMENT BY THE NUMBERS

Congratulations to these four chapters for their outstanding efforts to recruit the newest Noble Men of Sigma Tau Gamma. Make sure to follow our social media accounts, as well as the SAGA Monthly for continued recruitment updates.



Saint Louis, Epsilon Xi Chapter **pictured above*
Eight Associate Members

Arizona, Zeta Pi Associate Chapter
Eight Associate Members



Western Michigan, Chi Chapter **pictured above*
Five Associate Members

Penn State, Alpha Psi Chapter
Nine Associate Members



THE ESSENCE OF BROTHERHOOD

A popular local bar, NFL games playing, and men milling around, chatting about the good old days. To many, this may seem like any other Saturday night, but to these men, this is the essence of Sig Tau Brotherhood.

The alumni of the Beta Chi Chapter from Nebraska at Kearney understand that remaining connected is paramount to keeping the brotherhood alive. To them gathering together involves raising a toast to their recently fallen brothers, sharing in comradery, a gift exchange tradition, and brothers traveling far and wide.

This year the men got together on January 13 in Omaha, Nebraska. They began by paying homage to two brothers who recently entered Chapter Eternal, Tracy Carey, Nebraska at Kearney '95, and Brett Little, Nebraska at Kearney '91.

Jeff Haight, Nebraska at Kearney, was responsible for setting up the event. They decided to organize the reunion about three months in advance and promoted the event through social media reminders each month.

There were many brothers, both recent graduates and older alumni, who traveled to the reunion. The brother who traveled the farthest distance made the trek from Hawaii for the reunion. Also, alumnae women from the Alpha Omicron Pi and Alpha Phi Chapters were in attendance. The event even included some friendly competition between recent graduates and older alumni.

For the Beta Chi brothers, get-togethers like this are highly anticipated annual events. Haight shared that the annual gatherings started in 1999 as "camp fests." The brothers went all out, creating Shutterfly photo albums, and designing customized koozies for the event. Unfortunately, for many years, the brothers only gathered during somber times, when brothers and loved ones passed; this year they wanted to make the event lively as a time to celebrate with one another. Brothers who weren't able to make it to Omaha were able to participate in the fun through Facetime and Facebook Live.

The connections Sig Tau brothers make during their collegiate years continue to flourish as alumni. Many men are not only Sig Tau brothers but brothers in arms in service to our country, a value that remains from our Founders. Years after graduation, Haight emphasized that the Principles that had been instilled in them as undergraduates still live through them today in their everyday lives, and even in their marriages.

Whether it's a camping trip or a gathering in a restaurant, the alumni brothers from the Beta Chi Chapter from Nebraska at Kearney know the importance of keeping the brotherhood going through reunions and routine communication with one another.



A BROTHERHOOD FOR LIFE

This March, we would like to commemorate the men who are celebrating membership milestones. Below are the names of noble men who have celebrated 25 years of brotherhood and membership.

25 Years

Adam Gelles, Albany
 Joel Java, Albany
 Brian Mersis, Albany
 Lloyd Sabin, Albany
 Steven Schneider, Albany
 Anthony Tavalacci, Albany
 Scott Walter Ticano, Albany
 Bernard Francis Viggiani, Albany
 Jay Bretzin, Akron
 James Harshey, Akron
 Matthew Jones, Akron
 Paul Kim, Akron
 Michael Kuhlins, Akron
 Peter Trimble, Akron
 Stephen Boyes, Arkansas
 Donald Diamant, Arkansas
 Bob Heyman, Arkansas
 Richard Smutzer, Arkansas
 Christopher Wicecarver, Arkansas
 William Wycough, Arkansas
 Bryan Brown, Arkansas - Monticello
 Michael Crawford, Arkansas - Monticello
 Mark Cunningham, Arkansas - Monticello
 Matthew Echols, Arkansas - Monticello
 James Hellums, Arkansas - Monticello
 Carey Janes, Arkansas - Monticello
 Anthony Jenkins, Arkansas - Monticello
 Michael Knobloch, Arkansas - Monticello
 Joey Reep, Arkansas - Monticello
 Jay Rice, Arkansas - Monticello
 Scott Richards, Arkansas - Monticello
 Leonard Stephenson, Arkansas - Monticello
 Eric Stevens, Arkansas - Monticello
 Joel Stevens, Arkansas - Monticello
 Christopher Surratt, Arkansas - Monticello
 Andrew Thomasson, Arkansas - Monticello
 Dax Werner Weindorf, Arkansas - Monticello
 Christopher Yelverton, Arkansas - Monticello
 Eric Ardoin, Central Arkansas

John Blair, Central Arkansas
 Kevin Bryant, Central Arkansas
 Bradley Burk, Central Arkansas
 Todd Davis, Central Arkansas
 Chad Dewey, Central Arkansas
 Robert Espinosa, Central Arkansas
 Steve Gardner, Central Arkansas
 Todd Greer, Central Arkansas
 Joel Hargis, Central Arkansas
 Daniel Heard, Central Arkansas
 Michael Holzhauer, Central Arkansas
 Jimmy Horton, Central Arkansas
 Jim Jaggars, Central Arkansas
 Jeffrey Johnson, Central Arkansas
 Jeffrey Jones, Central Arkansas
 Matt Jordan, Central Arkansas
 Alton Leach, Central Arkansas
 Jacob Logue, Central Arkansas
 Oscar Martinez, Central Arkansas
 Mark McCuin, Central Arkansas
 James Moix, Central Arkansas
 C. Dawson Mulhearn, Central Arkansas
 Kipp Rickey Platt, Central Arkansas
 Eric Robbins, Central Arkansas
 Trevor Seifert, Central Arkansas
 Jason Smith, Central Arkansas
 Mitchell Strack, Central Arkansas
 Brandon Tipton, Central Arkansas
 Joseph Tipton, Central Arkansas
 Terry Treadway, Central Arkansas
 Steven Tucker, Central Arkansas
 Jeffery Adams, Central Missouri
 J.R. Belew, Central Missouri
 Jacob Blickhan, Central Missouri
 Eddie Collazo, Central Missouri
 Aaron Erwine, Central Missouri
 Timothy Freitag, Central Missouri
 Bryon Goos, Central Missouri
 Russell Hogan, Central Missouri

David Jansen, Central Missouri
 Stephen Novy, Central Missouri
 Jared Ott, Central Missouri
 Peter Raptakis, Central Missouri
 Sean Szarwinski, Central Missouri
 David Weisheit, Central Missouri
 Lloyd Wells, Central Missouri
 Michael Wilson, Central Missouri
 Samuel Anderson, Central Oklahoma
 Chad Baker, Central Oklahoma
 Sean Carney, Central Oklahoma
 Tim Caudle, Central Oklahoma
 Dennis Coon, Central Oklahoma
 Aaron Cox, Central Oklahoma
 Chris Cunningham, Central Oklahoma
 Patrick Deighton, Central Oklahoma
 Michael Duroy, Central Oklahoma
 Clint Elston, Central Oklahoma
 Raymond Ferguson, Central Oklahoma
 Michael Flowers, Central Oklahoma
 Monte Glover, Central Oklahoma
 Ryan Haley, Central Oklahoma
 Christopher Harris, Central Oklahoma
 Jeff Harris, Central Oklahoma
 Brett Horst, Central Oklahoma
 Bryan Keaton, Central Oklahoma
 Jeffrey Keeney, Central Oklahoma
 Gary Lawrence, Central Oklahoma
 Trevor Lawrence, Central Oklahoma
 Eric Leckie, Central Oklahoma
 Peter Lovo, Central Oklahoma
 Timothy Main, Central Oklahoma
 David McDaniel, Central Oklahoma
 Darrin McKelvey, Central Oklahoma
 Robert Pansze, Central Oklahoma
 Marion Lee Stephens, Central Oklahoma
 Quan Tran, Central Oklahoma
 Harry Coffman Wolohon, Central Oklahoma
 Jeffrey Brueggeman, Illinois



Anthony Comerio, Illinois

Assir Dasilva, Illinois

Mark Denton, Illinois

Mathew Farley, Illinois

Timothy Foersom, Illinois

Bryce Fuller, Illinois

Peter Jin, Illinois

Daniel Lee, Illinois

Brion McGinn, Illinois

Tom Skinner, Illinois

Andrew Voytko, Illinois

Brian Adams, Iowa

Michael Dehass, Iowa

Derek Haase, Iowa

Cory Johnson, Iowa

Joseph Nicoletti, Iowa

Andrew Orszula, Iowa

Brad Pontecore, Iowa

Bryan Stahl, Iowa

Scott Sutherland, Iowa

Daniel Agreste, UMass - Lowell

N. Miles Cook, UMass - Lowell

Matthew Dee, UMass - Lowell

Christopher Gagne, UMass - Lowell

Christopher Harding, UMass - Lowell

Michael Holbrook, UMass - Lowell

Joseph Lazzari, UMass - Lowell

Timothy McCaffrey, UMass - Lowell

Daniel Reese, UMass - Lowell

Christopher Rottler, UMass - Lowell

Scott Smith, UMass - Lowell

David Villanucci, UMass - Lowell

Edward Christian, Missouri

Michael DeJong, Missouri

Daniel Griesenauer, Missouri

James Horvath, Missouri

Dennis Keithly, Missouri

Travis McGowan, Missouri

Greg Erdmann, Missouri - St. Louis

John Frese, Missouri - St. Louis

Robert Winkeler, Missouri - St. Louis

Matt Bohnenkamp, Nebraska At Kearney

John Bonham, Nebraska At Kearney

Andrew Carlson, Nebraska At Kearney

Dean Chamberlin, Nebraska At Kearney

Lance Collison, Nebraska At Kearney

Don Damme, Nebraska At Kearney

Craig Dixon, Nebraska At Kearney

Cody Dombrowski, Nebraska At Kearney

Niels Dunning, Nebraska At Kearney

Frank Foster, Nebraska At Kearney

Victor Gotelaere, Nebraska At Kearney

Neil Halford, Nebraska At Kearney

Chad Hodgson, Nebraska At Kearney

Shane Hogan, Nebraska At Kearney

Jesse Irwin, Nebraska At Kearney

Adam Jensen, Nebraska At Kearney

Daron Larson, Nebraska At Kearney

Matthew Losey, Nebraska At Kearney

Matthew Malone, Nebraska At Kearney

Bryan Meisner, Nebraska At Kearney

Chad Mercer, Nebraska At Kearney

Jason Wade Morgan, Nebraska At Kearney

Christian Nelson, Nebraska At Kearney

Gregory Glen Sash, Nebraska At Kearney

Daniel Scott, Nebraska At Kearney

Kirk Searcey, Nebraska At Kearney

Shawn Soderquist, Nebraska At Kearney

Jeremy John Stover, Nebraska At Kearney

Jarrold Thompson, Nebraska At Kearney

Brice Towns, Nebraska At Kearney

Robert Allen Tubbs, Nebraska At Kearney

James Michael Tyner, Nebraska At Kearney

Ryan Matthew Worrell, Nebraska At Kearney

Anthony Barone, North Texas

Eric Brooks, North Texas

William Erie, North Texas

Robin Floyd, North Texas

William Floyd, North Texas

Brent Haynes, North Texas

Jeffrey Jones, North Texas

Chi Lee, North Texas

Jay Leger, North Texas

Kelly McLaughlin, North Texas

Brian Meinardus, North Texas

James Matthew Nowell, North Texas

Alan Rosenstein, North Texas

Joshua Soto, North Texas

Clinton Swisher, North Texas

Shan Bhattacharya, Oklahoma

Paul Jennings, Oklahoma

Benjamin Martin, Oklahoma

Brent Mercer, Oklahoma

Terry Buck, Pitt - Johnstown

Bradley Defries, Pitt - Johnstown

Michael Lonesky, Pitt - Johnstown

Brent Means, Pitt - Johnstown

Maxwell Pulsinelli, Pitt - Johnstown

Michael Shebeck, Pitt - Johnstown

Aaron Wetherhold, Pitt - Johnstown

Joseph Ferraro, South Florida

Noel Garcia, South Florida

Evan Pelser, South Florida

David Bray, Southern Indiana

Roger Burkhart, Southern Indiana

Scott Edmond, Southern Indiana

Cody Forston, Southern Indiana

Bryan Heeke, Southern Indiana

Scott Jones, Southern Indiana

Jason Roberts, Southern Indiana

Sean Smith, Southern Indiana

Brandon Vaughn, Southern Indiana

Marc Zeumer, Southern Indiana

Carey Baker, Texas - San Antonio

Marcelo Castaneda, Texas - San Antonio

Rene Castillo, Texas - San Antonio

Andres Cubriel, Texas - San Antonio

Pratibh Desai, Texas - San Antonio

Herman Garza, Texas - San Antonio

Victor Kouw, Texas - San Antonio

Marc Livitz, Texas - San Antonio

Crespin Medina, Texas - San Antonio

Jose Angel Quezada, Texas - San Antonio

Joe Rodriguez, Texas - San Antonio

Luis Rene Rodriguez, Texas - San Antonio

Eduardo Rosillo, Texas - San Antonio

Jeffrey Deminter, UW - Platteville

Henry Fasking, UW - Platteville

Michael Fischer, UW - Platteville

Matthew Hamilton, UW - Platteville

Jeremy Johnson, UW - Platteville

Thomas Kohn, UW - Platteville

Joshua Larson, UW - Platteville

Jeremy Lenzendorf, UW - Platteville

Richard McCauley, UW - Platteville

Joel Solverson, UW - Platteville

Chad Allen Stetzer, UW - Platteville

Steven Vosberg, UW - Platteville

Nathan Augustine, UW - River Falls

Kenny Bodin, UW - River Falls

Mitchell Eichman, UW - River Falls



Matthew Fansler, UW - River Falls
 Gregory Fuchs, UW - River Falls
 Brandon Hanson, UW - River Falls
 Shawn Kelly, UW - River Falls
 Lance Marquardt, UW - River Falls
 Martin Joseph Nowak, UW - River Falls
 Paul Ryan, UW - River Falls
 Raymond Ackerlund, UW - Stevens Point
 Ahmet Altılar, UW - Stevens Point
 Jamie Anderson, UW - Stevens Point
 Chris Augustian, UW - Stevens Point
 Brian Cripps, UW - Stevens Point
 Christopher Drapesa, UW - Stevens Point
 Christopher Fischer, UW - Stevens Point
 Edwin Frommung, UW - Stevens Point
 Patrick Holland, UW - Stevens Point
 Mitchell Holleran, UW - Stevens Point
 Daniel Kort, UW - Stevens Point
 John Kotolski, UW - Stevens Point
 Dennis Lahay, UW - Stevens Point
 Joshua Lifschutz, UW - Stevens Point
 Mike McGowan, UW - Stevens Point
 Jason Gary Schilling, UW - Stevens Point
 Ryan Scott, UW - Stevens Point
 Andrew Stuart, UW - Stevens Point
 Alton Lee Vrooman, UW - Stevens Point
 Ronald John Weber, UW - Stevens Point
 Steve Zywicki, UW - Stevens Point
 Jeffrey Faralli, UW - Stout
 Paul Jack, UW - Stout
 David Weber, UW - Stout
 Russell Wildman, UW - Stout
 Bobby Aboesono, Arkansas
 James Alleman, Baylor
 Ted Brinkley, Baylor
 Christopher Clark, Baylor
 Zack Jones, Baylor
 David Morton, Baylor
 Brenton Edward Motes, Baylor
 Kristopher Paek, Baylor
 Kyle Steinhauer, Baylor
 Sammy Ching-Lin Tao, Baylor
 Loc Huynh Vinh Tran, Baylor
 M. Brent Turk, Baylor
 Kevin Yunt, Baylor
 Charles Conlee, Black Hills State
 Kevin Fraser, Black Hills State

William Hauser, Black Hills State
 John Jones, Black Hills State
 Douglas Kroetch, Black Hills State
 Ryan Kubo, Black Hills State
 Nathan Larson, Black Hills State
 James Moore, Black Hills State
 Gregory Flattich, Bridgewater State
 Matthew Govoni, Bridgewater State
 Jonathan Harper, Bridgewater State
 Tyson James, Bridgewater State
 Scott Kelliher, Bridgewater State
 Sean Kelly, Bridgewater State
 Jeremy Luce, Bridgewater State
 George Noonan, Bridgewater State
 Anthony Brognia, Buffalo State College
 Sean Coolican, Buffalo State College
 Brian Vincent, Buffalo State College
 Jay Claycomb, Cal U of PA
 Chad Hardy, Cal U of PA
 Matthew Herr, Cal U of PA
 Kevin Kreider, Cal U of PA
 Jason Lasko, Cal U of PA
 Chris Miller, Cal U of PA
 Edward Traczynski, Cal U of PA
 Brian Browning, Cameron
 David Jimpson, Cameron
 Vince Leonguerrero, Cameron
 Aaron Powell, Cameron
 David Sharrar, Cameron
 Jerome Smith, Cameron
 Eric Barnes, Carnegie Mellon
 Daniel Bonnett, Carnegie Mellon
 Eric Dahlem, Carnegie Mellon
 Brandon Dameshek, Carnegie Mellon
 Sean Hart, Carnegie Mellon
 Christopher Hill, Carnegie Mellon
 Mark Hoy, Carnegie Mellon
 Buckley Kohlhauff, Carnegie Mellon
 Christopher Lim, Carnegie Mellon
 William Moher, Carnegie Mellon
 Robb Murray, Carnegie Mellon
 Andrew Schnitgen, Carnegie Mellon
 Dave Sell, Carnegie Mellon
 Takefumi Someya, Carnegie Mellon
 Calvin Swartzentruber, Carnegie Mellon
 Andrew Tudor, Carnegie Mellon
 Patrick Walsh, Carnegie Mellon

Erik Witte, Carnegie Mellon
 Troy Brooks, Central Michigan
 Grat Dalton, Central Michigan
 Sean Keegan, Central Michigan
 Joseph Kosmalski, Central Michigan
 Brian Loomis, Central Michigan
 Chad Messel, Central Michigan
 Brett Moore, Central Michigan
 Alec Murillo, Central Michigan
 Kevin Price, Central Michigan
 Timothy Riha, Central Michigan
 Mitchell Tate, Central Michigan
 Anthony Yax, Central Michigan
 George Bergstrom, Christopher Newport
 John Gargaro, Christopher Newport
 Todd Purdham, Christopher Newport
 Andrew Richmond, Christopher Newport
 Theodore Barritt, Clarion of Pennsylvania
 Eric Boyd, Clarion of Pennsylvania
 Michael Chetsko, Clarion of Pennsylvania
 Robert Fedrizzi, Clarion of Pennsylvania
 Scott Feldman, Clarion of Pennsylvania
 Mario Giacchino, Clarion of Pennsylvania
 Craig Heim, Clarion of Pennsylvania
 David Hiestler, Clarion of Pennsylvania
 Robert Hooks, Clarion of Pennsylvania
 Christopher Kiker, Clarion of Pennsylvania
 Matthew Martinec, Clarion of Pennsylvania
 David McAllister, Clarion of Pennsylvania
 Scott Moneta, Clarion of Pennsylvania
 Marc Muto, Clarion of Pennsylvania
 Edward Rogers, Clarion of Pennsylvania
 Michael Ruane, Clarion of Pennsylvania
 Brian Thomas, Clarion of Pennsylvania
 Nicholas Angus, Cleveland State
 Dennis Barberic, Cleveland State
 Michael Boyer, Cleveland State
 Kevin Byrne, Cleveland State
 Charles Connors, Cleveland State
 Cory Finding, Cleveland State
 Lester Finney, Cleveland State
 Daniel Hoca, Cleveland State
 Jeffrey Jones, Cleveland State
 Bryan Kilbane, Cleveland State
 Mark Obrenovich, Cleveland State
 Michael Yates, Cleveland State
 Donald Evans, Concord



Mark Eye, Concord	Benjamin Davis, Eastern Michigan	Jason Zoglmann, Emporia State
Melvin Jenkins, Concord	William Duncan, Eastern Michigan	Shawn Barker, Fairmont State
John Murphy, Concord	Carlo Farrugia, Eastern Michigan	Charles Ebert, Fairmont State
Joseph Rivituso, Concord	Eric Gillespie, Eastern Michigan	Jim Gibson, Fairmont State
Michael Shanley, Concord	Eric Holshoe, Eastern Michigan	Timothy Groves, Fairmont State
Justin Sizemore, Concord	Matt Johnson, Eastern Michigan	Brett Hartwig, Fairmont State
Jeffrey Scott Thornton, Concord	Aaron Kahokuolani, Eastern Michigan	Roger Kubancik, Fairmont State
Benjamin Baker, Duquesne	Chad Kernell, Eastern Michigan	Paul Luttamus, Fairmont State
Christian Caiazza, Duquesne	Eric Nowak, Eastern Michigan	Larry Mackey, Fairmont State
Matthew Derose, Duquesne	Mike Dennis Pollard, Eastern Michigan	Adam Mendelson, Fairmont State
Robert Oyster, Duquesne	Charles Walters, Eastern Michigan	Ryan Moore, Fairmont State
Steven Tortorice, Duquesne	Douglas Wynn, Eastern Michigan	Matthew Flynn Morton, Fairmont State
William Brandefine, East Carolina	Bernard Baylis, Edinboro	Joseph Nemuras, Fairmont State
Benjamin Britt, East Carolina	Timothy Brown, Edinboro	Thomas O'Donnell, Fairmont State
Jeffrey Cordeau, East Carolina	Andrew Lattanzio, Edinboro	Avraam Odysseos, Fairmont State
Darrin Cutrell, East Carolina	Richard Luffy, Edinboro	Roger Spragg, Fairmont State
Eric Gens, East Carolina	Alexander Rice, Edinboro	Christopher Turner, Fairmont State
Richard Hamilton, East Carolina	Gerald Robinson, Edinboro	Jason Westover, Fairmont State
Chad Holdsworth, East Carolina	Mark Soeder, Edinboro	Keith Bussiere, Fitchburg State
Neil Jones, East Carolina	Jason Wollerton, Edinboro	Timothy Dunham, Fitchburg State
Giang Nguyen, East Carolina	Nicholas John Yock, Edinboro	Brian Edwards, Fitchburg State
Thomas Paraboschi, East Carolina	Jason Armstrong, Emporia State	Keith Fischer, Fitchburg State
Matthew Schwartz, East Carolina	Donnie Basore, Emporia State	Thomas Holder, Fitchburg State
Eric Snitzel, East Carolina	Brent Bogdanovecz, Emporia State	Jodi Latino, Fitchburg State
David Thomas, East Carolina	Christopher Buck, Emporia State	Matthew Libby, Fitchburg State
William Thomas, East Carolina	Benjamin Butler, Emporia State	Christopher Potter, Fitchburg State
Scott Warren, East Carolina	David Chezem, Emporia State	Michael Schubmehl, Fitchburg State
Christopher Weatherford, East Carolina	Nic Cornali, Emporia State	Bryan Alls, Frostburg State
Alec Westwater, East Carolina	Craig Dameron, Emporia State	Warren Breslyn, Frostburg State
Joel Wilson, East Carolina	Alec Harnden, Emporia State	Michael Bruner, Frostburg State
Curtis Lee Wingfield, East Carolina	Mark Haupt, Emporia State	Christopher Correia, Frostburg State
Chad Ainsworth, East Central	Ryan Howard, Emporia State	Peter Cravaritis, Frostburg State
Bradley Bentley, East Central	Jeffrey Kirkbride, Emporia State	Philip Daczewitz, Frostburg State
Justin Beverly, East Central	Michael Miller, Emporia State	Ryan Dietsch, Frostburg State
Craig Calvert, East Central	Brett Montgomery, Emporia State	Brian Downey, Frostburg State
Jeremy Gage, East Central	Gary Nye, Emporia State	Oliver Richard Gasaway, Frostburg State
Christopher Harris, East Central	Mark Osterhaus, Emporia State	Gene Ho, Frostburg State
Chris Johnson, East Central	William Pelaccio, Emporia State	Bradley Jobmann, Frostburg State
Jeremy Maner, East Central	Patrick Penka, Emporia State	Matthew McCartney, Frostburg State
Brad McCarthy, East Central	David Reyes, Emporia State	Sheridan Snedden, Frostburg State
Jason Ratzlaff, East Central	Dallas Schmidt, Emporia State	John Edward Twele, Frostburg State
David Rogers, East Central	Spencer Schoen, Emporia State	Michael Jeffrey Warfield, Frostburg State
Brian Thompson, East Central	Mark Slater, Emporia State	Michael Watkins, Frostburg State
Luke Adams, Eastern Michigan	Jason Trimble, Emporia State	Heath Chang Yi, Frostburg State
Olan Barnes, Eastern Michigan	Mike Waterman, Emporia State	Robert Baish, Gannon
Benjamin Black, Eastern Michigan	Corey Willich, Emporia State	David Beatty, Gannon
Brian Clancy, Eastern Michigan	Sam Zeka, Emporia State	Scott Brenneman, Gannon



Nate Brosig, Gannon
 Scott Buckley, Gannon
 Jeffrey Cairns, Gannon
 Dave Clever, Gannon
 Michael Defilippo, Gannon
 Sean Dougherty, Gannon
 Jason Dudczak, Gannon
 Jason Ellis, Gannon
 Michael Goss, Gannon
 Robert Hilbun, Gannon
 Jason Hinds, Gannon
 David Mariani, Gannon
 Matthew Marra, Gannon
 Brian McLaughlin, Gannon
 Daniel Mennow, Gannon
 Andrew Messina, Gannon
 Daniel Misner, Gannon
 Jason Gary Moyer, Gannon
 Joseph Orlando, Gannon
 Paul Pilatowski, Gannon
 John Joseph Primrose, Gannon
 David Louis Rea, Gannon
 Nicholas Sarafis, Gannon
 Jason Michael Sell, Gannon
 Daniel Sanford Serakowski, Gannon
 Chad Dayton Spurgeon, Gannon
 Michael John Stimac, Gannon
 Shawn Vietmeier, Gannon
 Jason Wagner, Gannon
 Chad Zappa, Gannon
 Gregory Ziemkiewicz, Gannon
 Raymond Zindell, Gannon
 Randal Bell, Henderson State
 Matt Bowen, Henderson State
 Jason Carson, Henderson State
 Timothy Clay, Henderson State
 Steven Collatt, Henderson State
 Michael Glenn, Henderson State
 Phillip Harper, Henderson State
 William Keith, Henderson State
 Jay Kelley, Henderson State
 Matthew Lynch, Henderson State
 John Norton, Henderson State
 James O'Neal, Henderson State
 Jeff Rivers, Henderson State
 Christopher Abernathy, Illinois State
 Michael Ajwani, Illinois State

Scott Babnik, Illinois State
 George Canavan, Illinois State
 David Clark, Illinois State
 Troy DeFranco, Illinois State
 Eric Deniger, Illinois State
 Phillip Dietrich, Illinois State
 Hadley Fabert, Illinois State
 Scott Hamilton, Illinois State
 Eran Kriegshauser, Illinois State
 Kyle Lentz, Illinois State
 Daniel Lyons, Illinois State
 Ryan Mensing, Illinois State
 Marc Pellmann, Illinois State
 Joshua Reed, Illinois State
 Mark Rienstra, Illinois State
 Brian William Sturm, Illinois State
 Jason Young, Illinois State
 Christopher Brooks, Indiana State
 Marc Evans, Indiana State
 Ryan Gasser, Indiana State
 Todd Grundhoefer, Indiana State
 Mike Hamilton, Indiana State
 David Jennings, Indiana State
 Kyle Nelson, Indiana State
 Clint Ruxer, Indiana State
 Timothy Stack, Indiana State
 Stephen Toy, Indiana State
 Jason Veenstra, Indiana State
 Russell Wallace, Indiana State
 Scott Workman, Indiana State
 Jason Arquilla, Iowa State
 John Bendle, Iowa State
 Matthew Cassidy, Iowa State
 David Cox, Iowa State
 Kevin J. Driscoll, Iowa State
 Marcus Fedler, Iowa State
 Mark McKeown, Iowa State
 Ryan Joseph Rosentrater, Iowa State
 Matthew Alan Steinke, Iowa State
 Forrest Taylor, Iowa State
 Timothy Tiedeman, Iowa State
 William Tucknott, Iowa State
 Bryce Brown, Kent State
 Richard Brown, Kent State
 Dan Cadzow, Kent State
 Jeff Camarati, Kent State
 Stephen Ferda, Kent State

Keith Flynn, Kent State
 Anthony Gugliotta, Kent State
 Bradford Haring, Kent State
 Douglas Haring, Kent State
 Scott Hogan, Kent State
 Mark Jewitt, Kent State
 Philip Koppel, Kent State
 Ronald Kukura, Kent State
 Jerome Lucarelli, Kent State
 Jason Lukasik, Kent State
 Frank Meese, Kent State
 Jeffrey Morris, Kent State
 Brett Powell, Kent State
 Todd Reed, Kent State
 Dennis Scott, Kent State
 Scott Sliva, Kent State
 Steve Sommers, Kent State
 Shawn Springer, Kent State
 Joseph Versch, Kent State
 David Victoria, Kent State
 Travis Wilson, Kent State
 Robert Wolf, Kent State
 David Cordes, Lindenwood - Belleville
 Tyler Duenow, Lindenwood - Belleville
 Matthew Grzovic, Lindenwood - Belleville
 Dennis Hamer, Lindenwood - Belleville
 Chris Hart, Lindenwood - Belleville
 Eric Humes, Lindenwood - Belleville
 John Kime, Lindenwood - Belleville
 Roderick Laughman, Lindenwood - Belleville
 Brian Lemons, Lindenwood - Belleville
 Tyson Mueller, Lindenwood - Belleville
 Michael Nicholson, Lindenwood - Belleville
 Shawn Revelle, Lindenwood - Belleville
 Scott Russell, Lindenwood - Belleville
 Tim Schwab, Lindenwood - Belleville
 John Snipes, Lindenwood - Belleville
 Bart Swingle, Lindenwood - Belleville
 Jason Titter, Lindenwood - Belleville
 David Dalton, Macmurray College
 Joshua Green, Macmurray College
 Marc Hedlund, Macmurray College
 Dean Knauer, Macmurray College
 Robert Knickman, Macmurray College
 Brad Muckerheide, Macmurray College
 David Howard Searby, Macmurray College
 Eugene Gustinucci, Mansfield



Natale Lussi, Mansfield
 Chad Allen Sunday, Mansfield
 Jonathan Waring, Mansfield
 David Fischer, Miami
 Gary Johns, Miami
 Jeff Komlos, Miami
 Brent Kutchback, Miami
 Matthew Lyons, Miami
 Jeffrey Mackey, Miami
 Scott Robbins, Miami
 Douglas Ruffing, Miami
 Daniel Richard Waugh, Miami
 Todd Worley, Miami
 Brian Young, Miami
 Michael Edward Zugelder, Miami
 Christopher Asiala, Michigan Tech.
 David Bandrowski, Michigan Tech.
 Charles Bohlke, Michigan Tech.
 Kurt Derscha, Michigan Tech.
 Tony Djordjevski, Michigan Tech.
 Peter Filias, Michigan Tech.
 Keith Franke, Michigan Tech.
 Scott Jiran, Michigan Tech.
 Scott Komula, Michigan Tech.
 Travis McMann, Michigan Tech.
 Todd Neuharth, Michigan Tech.
 Sean O'Brien, Michigan Tech.
 David Patrickus, Michigan Tech.
 Gerald Patterson, Michigan Tech.
 Gerald Pospiech, Michigan Tech.
 Jeffrey Rivera, Michigan Tech.
 Robert Sixbery, Michigan Tech.
 Scott John Sutter, Michigan Tech.
 Jason Daniel Turk, Michigan Tech.
 Aaron Todd Vander Veen, Michigan Tech.
 Jeremy Vangrinsven, Michigan Tech.
 John Robert Vogler, Michigan Tech.
 Brian Zirbel, Michigan Tech.
 Michael Allar, Millersville
 Vance Antonacci, Millersville
 Daniel Bair, Millersville
 Steven Bardsley, Millersville
 Craig Carns, Millersville
 Sean Connolly, Millersville
 Howard Herchelroth, Millersville
 Carl Himmelberger, Millersville
 Francis Izzzi, Millersville

Tony Jordan, Millersville
 Chad Kimmel, Millersville
 John Mason, Millersville
 Jason Petroff, Millersville
 Stephen Poirier, Millersville
 Brian Richards, Millersville
 Thomas Rickwalder, Millersville
 Angel Rodriguez, Millersville
 Mark Shive, Millersville
 Craig Thompson, Millersville
 Raul Urrunaga, Millersville
 Andrew Wertz, Millersville
 Shawn Bequette, Missouri S&T
 William Burgard, Missouri S&T
 Michael Hampton, Missouri S&T
 Scott Laxton, Missouri S&T
 Gary McMichael, Missouri S&T
 Michael Ramsey, Missouri S&T
 Michael Repperger, Missouri S&T
 Joseph Schomaker, Missouri S&T
 Steven Stirnemann, Missouri S&T
 Daniel Storey, Missouri S&T
 William Tedesco, Missouri S&T
 Robert Wilson, Missouri S&T
 Dean Hoff, Murray State
 Doug Carlson, Northwest Missouri
 Bradley Guthrey, Northwest Missouri
 Brad Lawson, Northwest Missouri
 Peter Cardimen, Penn State Behrend
 Justin Grimm, Penn State Behrend
 Barry Guenther, Penn State Behrend
 John Hoffmann, Penn State Behrend
 Daniel Jaecks, Penn State Behrend
 Dave Kang, Penn State Behrend
 Christopher Kleiven, Penn State Behrend
 Michael Maginn, Penn State Behrend
 Peter Michel, Penn State Behrend
 Joseph Elmer Mottillo, Penn State Behrend
 Nathan Neelan, Penn State Behrend
 Donald George Perry, Penn State Behrend
 Brent Charles Pesta, Penn State Behrend
 Scott Ramsey, Penn State Behrend
 Justin Ropele, Penn State Behrend
 Hugh Rosenblum, Penn State Behrend
 Donald Senchak, Penn State Behrend
 Jason Very, Penn State Behrend
 Daniel Bartlett, Penn State

Paul Brocklehurst, Penn State
 Sterling Caler, Penn State
 Brandon Kannel, Penn State
 Nathan Miller, Penn State
 Richard Woodruff, Penn State
 Mat Engel, Pittsburg State
 Erin Gilliland, Pittsburg State
 Tait Holtwick, Pittsburg State
 Jason Hornung, Pittsburg State
 Richard Hurt, Pittsburg State
 Brad Jennings, Pittsburg State
 Christopher Paugh, Pittsburg State
 Adam Ross, Pittsburg State
 Brian Sporre, Pittsburg State
 James Bell, Purdue
 Jason Bobst, Purdue
 Randall Brooks, Purdue
 Roger Clark, Purdue
 James Hauser, Purdue
 Travis Ronat, Purdue
 Jeffrey Sanson, Purdue
 Kevin Seim, Purdue
 Michael Sharapan, Purdue
 David Toubes, Purdue
 Marvin White, Purdue
 Terry Wozniak, Purdue
 Greg Zelt, Purdue
 Philip Anderson, Robert Morris
 David Edwards, Robert Morris
 Sean Fusco, Robert Morris
 Edward Kennedy, Robert Morris
 Sean Kennedy, Robert Morris
 Robert Malick, Robert Morris
 Ryan McGuire, Robert Morris
 Michael Richard Ordakowski, Robert Morris
 Robert John Schneller, Robert Morris
 Herb Skuba, Robert Morris
 David Suhayda, Robert Morris
 Jeffery Suhayda, Robert Morris
 John Borromeo, Salem International
 Oscar Matsufuji, Salem International
 Kevin Rhinehart, Salem International
 Thomas Smeland, Salem International
 Christopher Thompson, Salem International
 Mark Condon, Salisbury
 John Everett, Salisbury
 Andres Morris, Salisbury



Thomas Oaks, Salisbury
 James Snyder, Salisbury
 Terry Amaro, Sam Houston State
 Richard Bailey, Sam Houston State
 Chad Barnes, Sam Houston State
 Stephen Barr, Sam Houston State
 Steven Bell, Sam Houston State
 Ryan Brandt, Sam Houston State
 Jeffrey Daunis, Sam Houston State
 Eric Dillner, Sam Houston State
 Ronald Edwards, Sam Houston State
 Craig Franzett, Sam Houston State
 Brian Gillespie, Sam Houston State
 William Halfen, Sam Houston State
 John Harris, Sam Houston State
 Bobby Hemphins, Sam Houston State
 Matt Mankin, Sam Houston State
 Robert Louis Orsak, Sam Houston State
 Joseph Ricardo Palomar, Sam Houston State
 Richard Pechal, Sam Houston State
 Brian Petrauskas, Sam Houston State
 Kevin Pooler, Sam Houston State
 John Renfro, Sam Houston State
 Chad San Miguel, Sam Houston State
 Sammy Sheldon, Sam Houston State
 Mark Allen Weir, Sam Houston State
 Samuel Arena, Shippensburg
 Zechariah Armstrong, Shippensburg
 Donald Depaolo, Shippensburg
 Matthew Deshazo, Shippensburg
 James Giaquinto, Shippensburg
 Harry Gladfelter, Shippensburg
 Kevin McCarthy, Shippensburg
 Russell Miller, Shippensburg
 James Francis Moylan, Shippensburg
 Peter O'Brien, Shippensburg
 Len Patton, Shippensburg
 Ryan Howard Schauer, Shippensburg
 Richard Smith, Shippensburg
 Greg Louis Stewart, Shippensburg
 William Robert Stout, Shippensburg
 Mark Richard Turner, Shippensburg
 Paul Bartels, Slippery Rock
 Peter Bergen, Slippery Rock
 Brian Curren, Slippery Rock
 Gabe D'Annunzio, Slippery Rock
 Jason Dadey, Slippery Rock

Michael Eller, Slippery Rock
 Gregory Hoyer, Slippery Rock
 Richard Ireland, Slippery Rock
 Dustin Lehman, Slippery Rock
 Michael Lewis, Slippery Rock
 Christopher Michaloski, Slippery Rock
 Mark Palmer, Slippery Rock
 Justin Andrew Pigza, Slippery Rock
 Scott Porter, Slippery Rock
 Charles Roberts, Slippery Rock
 Jeffery Smith, Slippery Rock
 James Thaddeus Szejka, Slippery Rock
 Christopher Wolford, Slippery Rock
 Randy Cole, Southeast Missouri
 Mark Epley, Southeast Missouri
 David Galczynski, Southeast Missouri
 Mike Gaston, Southeast Missouri
 Wesley Jordan, Southeast Missouri
 Chris Locke, Southeast Missouri
 Matt Oberle, Southeast Missouri
 Philip Perone, Southeast Missouri
 Aaron Pohlmann, Southeast Missouri
 Terry Roderick, Southeast Missouri
 Daniel Sage, Southeast Missouri
 Nathaniel Sater, Southeast Missouri
 Larry Sims, Southeast Missouri
 Chad Brooks, Southeastern Louisiana
 Bill Clarida, Southeastern Louisiana
 Deci De Long, Southeastern Louisiana
 David Hamilton, Southeastern Louisiana
 William Howard, Southeastern Louisiana
 Philip Jeanfreau, Southeastern Louisiana
 Barrett Littell, Southeastern Louisiana
 Matthew Lyons, Southeastern Louisiana
 Patrick Matheu, Southeastern Louisiana
 Kevin Mayer, Southeastern Louisiana
 Nicholas Muscarello, Southeastern Louisiana
 Nicholas Muscarello, Southeastern Louisiana
 Paul Penton, Southeastern Louisiana
 Geoffrey Shows, Southeastern Louisiana
 David Soileau, Southeastern Louisiana
 Michael Wille, Southeastern Louisiana
 Lance Botkin, Southern Arkansas
 Brandon Crow, Southern Arkansas
 Shane Frye, Southern Arkansas
 Manuel Green, Southern Arkansas
 Phillip Miller, Southern Arkansas

David Phillips, Southern Arkansas
 Doyle Phillips, Southern Arkansas
 Jayson Porter, Southern Arkansas
 Ronald Reeder, Southern Arkansas
 Roddy Smith, Southern Arkansas
 James Kevin White, Southern Arkansas
 Christopher Bauer, SIU Carbondale
 Raul Diaz, SIU Carbondale
 Brandon Krett, SIU Carbondale
 Luke Mattson, SIU Carbondale
 John Minorini, SIU Carbondale
 Sean Collins, St. Norbert College
 Michael Gocool, St. Norbert College
 Bernard Grutsch, St. Norbert College
 David Halley, St. Norbert College
 James Marzano, St. Norbert College
 Angelo Rago, St. Norbert College
 Robert James Zwolinski, St. Norbert College
 John Clementi, SUNY - Oneonta
 Anthony Degennaro, SUNY - Oneonta
 Brett Isler, SUNY - Oneonta
 Craig Kute, SUNY - Oneonta
 Seth Lerea, SUNY - Oneonta
 John Taylor, SUNY - Oneonta
 Aaron Wasserman, SUNY - Oneonta
 Mike Akins, Stephen F. Austin
 James Borden, Stephen F. Austin
 Robert Coe, Stephen F. Austin
 Marcel Deitrich, Stephen F. Austin
 Scott Fullerton, Stephen F. Austin
 Thomas Hamilton, Stephen F. Austin
 Kyle Jones, Stephen F. Austin
 Mark Kelly, Stephen F. Austin
 Jason McKnight, Stephen F. Austin
 Gary Oncken, Stephen F. Austin
 Michael Perkins, Stephen F. Austin
 Rob Prijatelj, Stephen F. Austin
 Kyle Robinson, Stephen F. Austin
 John Seeger, Stephen F. Austin
 Daniel Allen Wagnon, Stephen F. Austin
 Dave Allan Whitehurst, Stephen F. Austin
 Christopher Brown, Texas State
 Jon Butler, Texas State
 Kirk Dyer, Texas State
 Matt Ferguson, Texas State
 Christopher Gasch, Texas State
 Dee Hill, Texas State



Gabe Lozanno, Texas State
 John Patrick Sharp, Texas State
 Greg Vesely, Texas State
 Pete Basta, Truman State
 Barrett Bugg, Truman State
 Eric Cargill, Truman State
 Jamison Cavallaro, Truman State
 Craig Clark, Truman State
 Bradley Darnell, Truman State
 Giovanni De La Cruz, Truman State
 Matthew Ernst, Truman State
 Michael Finnie, Truman State
 Thomas Gladbach, Truman State
 Timothy Grawer, Truman State
 Eric Hinrichs, Truman State
 Todd Hoiem, Truman State
 Mike Leahy, Truman State
 Darin Lemons, Truman State
 Michael Lemons, Truman State
 Daniel Malone, Truman State
 Sean Massa, Truman State
 Jason Miles, Truman State
 Jason Naber, Truman State
 Anthony Pavelcik, Truman State
 Stephen Peterson, Truman State
 Steve Racine, Truman State
 Gregory Sanborn, Truman State

Daniel Schneider, Truman State
 Adam Whaley-Connell, Truman State
 Jacob Wharton, Truman State
 Chad Wolbers, Truman State
 James Boehm, Valparaiso
 Daniel Buikema, Valparaiso
 Jason Farris, Valparaiso
 Thad Hart, Valparaiso
 Jeremy Huttunen, Valparaiso
 Christopher Lewandowski, Valparaiso
 Jason Moll, Valparaiso
 Joseph Pfortmiller, Valparaiso
 Aaron Vnuk, Valparaiso
 Ted Hays, Wayne State College
 Delmar Cryer, Western Illinois
 Steven Fleming, Western Illinois
 Laith Ibrahim, Western Illinois
 David Marada, Western Illinois
 Mark Pawlowski, Western Illinois
 Christopher Schaller, Western Illinois
 Dana Sedwick, Western Illinois
 Jeremy Snowden, Western Illinois
 Steven Eugene Winston, Western Illinois
 Robert Byrne, Western Michigan
 Peter Claus, Western Michigan
 Andrew Demeester, Western Michigan
 Matthew Martello, Western Michigan

Rob Meteer, Western Michigan
 Brett Aaron Reed, Western Michigan
 George Aulenbacher
 Carl Baldwin
 Jeffery Ballard
 George Cox
 James Coyner
 Casey Crouch
 Kevin James Dobbins
 Thomas Evans
 Aaron Gesell
 Stephen Hammar
 Eric Hayzlett
 Matthew Higgins
 Jason Martin
 Chris Miller
 Matthew Minnihan
 Bryan Moore
 Normal Plumley
 Jason Howard Query
 Casey Matthew Roelfs
 Mark Steele
 Brian Edward Titlow
 Michael Tyree
 Michael Lawrence Weeks
 Dustin Reid Wilcox

CHAPTER VISITS

Since the last SAGA Monthly, HQ Staff has made on-site visits to the following chapters:

Auburn
 Central Michigan
 Colorado Boulder

Illinois
 MSU Denver
 Michigan State

Ohio State
 Purdue
 Nevada – Reno

Texas
 Texas Tech



SIG TAU MARKETPLACE

MARKETPLACE ITEM OF THE MONTH

Are your feet formal-ready? Gear up your sock game and grab a pair of socks from the [Sig Tau Marketplace](#) to make sure you are formal-ready from head to TOE.