

SAGA MONTHLY

SIGMA TAU GAMMA FRATERNITY

THE POWER OF DOING GOOD

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As the holiday season approaches, you may feel the desire to cultivate the spirit of philanthropy in yourself, your chapter, or your family. There are many organizations to support with your time, talent, and treasure, and it may feel overwhelming to find the right one.

With plenty of worthy causes to support, many of us feel as if we can't afford to give to all. GoFundMe requests, #GivingTuesday, our alma maters, and natural disaster relief – every day there is a cause to support.

Here are a few things to consider when selecting volunteer experiences.

Generosity is not just about giving funds. It's also about personal involvement and engagement. For many, volunteering can be the most powerful empathy-building experience of all.

Make giving back a family or group event.

The holidays are all about the spirit of unity. Find a cause and volunteer with your family or chapter brothers. Use an online tool like [Volunteer Match](#) to find the right service opportunity for you.

Pay it forward. Small acts of kindness can help someone who is having a bad day see the good in the world. Leave a note of encouragement for a friend or co-worker, shovel a neighbor's driveway, or leave a gift for your mailperson. Find a way to bring joy to someone's life in an unexpected way.

Honor someone special. We all have someone in our lives that is impossible to shop for. Skip the mall this year and make a donation to a meaningful cause in their honor. Support a scholarship fund, a health clinic, or a local school they value. The recipient group will provide you and the honoree with acknowledgment of the donation.

The joy of giving to Sig Tau comes from making a significant and meaningful gift to secure the success of future generations of noble gentlemen. Your gift is one that will lift today's men into tomorrow's visionaries and innovators.

It is the dedication and commitment to the leadership development and collegiate experience of young men through generous monetary donations, and time volunteering, advising, and guiding Sig Taus that truly make the biggest difference.

The true spirit of giving is doing for others with no expectation or gain. When you support a cause you believe in, you are giving yourself the gift of power – the power of choice and the freedom to exercise it for good.



SAGA MONTHLY

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SIGTAU.ORG

THREE THINGS TO KNOW ABOUT SIG TAU THIS MONTH

1

FOUNDATION

Mark your calendars! Giving Tuesday is November 27 this year. [Donate](#) today!



2

FRATERNITY

Noble Man Institute is scheduled over two weekends in November. 118 Brothers are registered to attend this transformative new member education experience made possible by the Sig Tau Foundation.

3

HEADQUARTERS

Headquarters will be closed Wednesday, November 21 – Friday, November 23 in observance of Thanksgiving. Normal operations will resume on Monday, November 26.

PLYMOUTH STATE FUELS DREAMS OF LOCAL SPECIAL OLYMPICS TEAM

What started as an idea has turned into an annual tradition for the Epsilon Theta Chapter at Plymouth State in Plymouth, New Hampshire. Fueling Dreams is now an annual event for the brothers of the chapter.



Each year the chapter co-hosts Fueling Dreams with local law enforcement and Special Olympics to support the Pemi Baker River Rats, the area Special Olympics sports team. Each September, they host the event at the gas station directly across the street from campus, which sees heavy usage at the beginning of the school year.

For a small donation benefitting the River Rats team, chapter men pump customers' gas and wash windshields. Chapter President Christian Steinbrecher, Plymouth State, says this event has become their tradition to kick off the school year, helping get potential new members invested in the event.

"The event has set us apart on campus in a good way," Steinbrecher said. "Our tradition attracts campus attention, shows that we care about our community, and helps attract potential new members. We had 100 percent chapter participation in the event this year. This shows that the guys are enjoying it just as much as community members."

While raising money for the River Rats is wonderful, Steinbrecher said that that is not their end goal with the Fueling Dreams event.



"Our ultimate goal is to bring joy to the River Rats and to help build community with Plymouth residents, students, and law enforcement. Creating an event that the entire community can get behind is really rewarding."



BROTHERS AT CAMERON UNIVERSITY RAISE AWARENESS FOR DOMESTIC VIOLENCE

One in three women and one in four men have been victims of physical violence by an intimate partner within their lifetime. This statistic is one of many reasons why the Gamma Rho Chapter at Cameron University in Lawton, Oklahoma, helped organize and participate in the Shine the Light Domestic Violence Walk.

The walk was hosted by New Directions, a local domestic violence emergency shelter, to help bring awareness of domestic violence and to engage community members in meaningful conversation around the issue.

Chapter President William Dewberry, Cameron, and Director of Member & Community Engagement Jose Olivo, Cameron, helped spearhead the chapter's participation this year, from marketing the walk to getting more people involved.

The chapter went the extra mile for the walk, creating specifically branded shirts that combined the Sig Tau brand with purple, the awareness color for domestic violence. The shirts have our chevron pattern and shield on the front with the words "we walk against domestic violence" on the back.

Dewberry said the chapter received a sponsor to create the shirts, which helped grow awareness of domestic violence and the walk even more.



"The whole chapter was in agreement [that] we needed to do more to promote the event, and we came up with the idea to make the shirts. We reached out to a local vendor, and they were able to do it for us, which helped create more attention for the walk."

One final goal they knew they wanted was to extend participation beyond active members to include alumni and potential new members as well. Through their efforts, the chapter accomplished this goal.

"We had active chapter brothers, new members, and alumni attend and walk with us," Dewberry said. "Seeing everyone engaged at the event made our support, from active and alumni brothers, feel alive."