



ATTENDEE GUIDEBOOK

November 7 - 9, 2025
Nashville, Tennessee

WELCOME

November 2025

Brothers,

First, I would like to congratulate you on your recent initiation to **Sigma Tau Gamma** and I would also like to welcome you to **Noble Man Institute**! From the moment you accepted your bid invitation to Sig Tau you took advantage of your first of many opportunities our great Brotherhood has to offer.

Noble Man Institute is another one of these opportunities. Here you will not only learn and develop skills on how to better yourself as a person and leader, but you will also understand that Sig Tau is much more than just your local chapter.

Noble Man Institute is the first national education program offer by the Fraternity exclusively for new members and has become the foundation element of Sig Tau's undergraduate member development strategy. The formative experience is the first in series of unparalleled personal development opportunities for all Sig Taus – giving you every advantage to be a successful citizen, leader, and noble man.

You will learn much from the curriculum and activities during the next few days. I promise you that in addition to these amazing lessons you will also build new Brotherhood bonds from other Noble Men across the country. These lessons and friendships are what truly make Sig Tau a special place. Take back what you have learned and use these new skills in every part of your life, and you will begin to understand how the benefits our membership transforms our lives.

You are now the future of Sigma Tau Gamma and I and every Brother that has come before you are now looking to you for leadership. I challenge you to take our Brotherhood to new heights and make it better for the next guy.

Fraternally,



Mike Van Camp, *Indiana State*
42nd National President of
Sigma Tau Gamma Fraternity





SCHEDULE OVERVIEW

Friday, November 7

3:00 PM - 4:00 PM	Attendee Arrival and Check-In	
4:30 PM - 4:45 PM	Section 1: Opening Session	Learning Community
4:50 PM - 5:25 PM	Section 2: Introduction to Circles	Circles
5:25 PM - 6:55 PM	Section 3: Values Exploration	Circles
7:00 PM - 7:45 PM	Dinner	Dining Hall
7:50 PM - 9:05 PM	Section 4: The Five Practices of Exemplary Leadership	Learning Community
9:10 PM - 9:40 PM	Section 5: Leadership Reflection	Circles
9:45 PM	Brotherhood Time	
10:00 PM	Facilitator Debrief	Learning Community

Saturday, November 8

8:30 AM - 9:15 AM	Breakfast	Dining Hall
9:20 AM - 10:10 AM	Section 6: Brotherhood, User Manuals, & Rituals	Learning Community
10:20 AM - 11:20 AM	Section 7: Six Principles Crucible Moments	Circles
11:30 AM - 12:00 PM	Section 8: Principles in Action: STG Foundation	Learning Community
12:05 PM - 12:50 PM	Lunch	Dining Hall
1:00 PM - 4:00 PM	Challenge Course Activities	Challenge Course
4:10 PM - 4:30 PM	Section 9: Challenge Course Debrief	Circles
4:30 PM - 5:25 PM	Section 10: Endeavoring Forward	Circles
5:30 PM - 6:15 PM	Dinner	Dining Hall
6:20 PM - 7:35 PM	Section 11: Building Collaborative Relationships	Learning Community
7:35 PM - 8:20 PM	Section 12: Cultivating Resiliency	Learning Community
8:00 PM	Alumni Panelists Arrive	Learning Community
8:30 PM - 9:45 PM	Alumni Panel	Learning Community
10:00 PM - 10:30 PM	The Purpose of Sigma Tau Gamma	Bonfire
10:30 PM	Brotherhood and S'mores	Bonfire
10:45 PM	Facilitator Debrief	Learning Community

Sunday, November 9

8:00 AM - 8:45 AM	Breakfast	Dining Hall
8:50 AM - 9:40 AM	Section 13: Creating a Shared Vision	Circles
9:45 AM - 10:20 AM	Section 14: Vision into Action	Circles
10:25 AM - 10:50 AM	Section 15: Final Reflections	Circles
10:55 AM - 11:15 AM	Section 16: Commitments and Goodbyes	Learning Community
11:20 AM	Attendee Check-Out and Departure	
12:00 PM	Facilitator Check-Out and Departure	



We are excited to have you join us for leadership education and brotherhood!



Location

YMCA Camp Widgiwagan. [Map](#) Attendee arrival is on Friday, November 7 between 3:00 - 4:00PM Central Time. When you arrive, follow the Noble Man Institute road signs to find parking and check-in.



Dress Code

Casual. Typically jeans and Sig Tau or chapter apparel. Be sure to bring jackets and outdoor active wear. Wear layers and comfortable shoes for walking outdoors. Close-toed shoes are required for an indoor or outdoor challenge course.



Cost

Noble Man Institute is brought to you by the Sigma Tau Gamma Foundation. There is a \$50 fee charged to the chapter for each member to attend this leadership development experience.



Expectations

Noble Man Institute is a substance-free program. This approach provides an environment conducive to learning and allows us to program in accordance with our Principles.



Packing List

You will be staying in heated cabins with private restrooms/showers. **Don't forget:**

- *Bedding is not provided, so bring sheets or a sleeping bag, and a pillow!*
- *A towel and toiletries*
- *Medications you may need*
- *A water bottle (and snacks if you want them!)*
- *Close-toed shoes and weather appropriate attire for the challenge course and outdoor activities.*



Absence Letter

If needed, present this [letter](#) to your instructor to participate in the program.

***Do you require assistance or are you in need of any accommodations?
Email us at noblemen@sigttau.org***



CAMP MAP



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CAMP WIDJIWAGAN
BY C. DAVIS YMCA OUTDOOR CENTER

- 01 Camp Office
- 02 Leadership Lodge
- 03 Alpine Tower
- 04 Central Pavilion
- 05 Cedar Lodge
- 06 Clark D. Baker Lodge
- 07 Jimmy Webb Guest House
- 08 Pfeffer Marina
- 09 Widji Beach
- 10 Wet Willie Waterslide
- 11 Chairman's Water Park
- 12 BellSouth Tower
- 13 NewsChannel 5 Airnasium
- 14 Hagerty Archery Range
- 15 The Barn
- 16 HCA Sayahh Center
- 17 Front Porch Amphitheatre
- 18 Sports Fields
- 19 Street Hockey Arena
- 20 Mt. Widji
- 21 Turner Dining Lodge
- 22 Pfeffer Marina
- 23 Cabins 1 to 4
- 24 Cabins 5 to 8
- 25 Cabins 9 to 12
- 26 Cabins 13 to 16
- 27 Cabins 17 to 20
- 28 Cabins 21-24
- 29 Florence Field

- Restrooms
- Parking
- Genesco Footpath

**THE JOE C. DAVIS YMCA
OUTDOOR CENTER**
www.campwidji.org
615-360-2267





**JOIN TODAY AND RECEIVE
THE OFFICIAL NOBLE MAN
INSTITUTE BEANIE!**

What is the Azure and White Club?

The Azure and White Club is Sigma Tau Gamma Foundation's annual giving program exclusively for associate and initiated undergraduates of the fraternity. This club allows undergraduates to learn and be a part of the Foundation in a unique way while providing charitable gifts to the Foundation. The funds generated work directly towards leadership programs and other resources that are solely for the use of our undergraduate members. The deadline to join The Azure and White Club is June 30 of each year.

How Do I Join The Azure and White Club?

Any undergraduate who gives a gift of \$20.00 or more to the Sigma Tau Gamma Foundation is a member of the Club for the year. Gifts can be made today, online at SigTau.org, or through the mail at the Sigma Tau Gamma Foundation, Gift Processing Center at P.O. Box 2187 Columbus, GA 31902-2187.

Why Does the Azure and White Club Exist?

The Azure and White Club directly benefits today's undergraduate members since the gifts generated fund the unmatched leadership opportunities that our undergraduates receive each year. The Azure and White Club creates a unique way for undergraduate Sig Taus to begin building their path into the House of Trotter Lifetime Giving Society. The House of Trotter Giving Society is made up of donors of alumni, family and friends.





MEMBER SAFETY AND WELLNESS POLICY

All college chapters are responsible for annually instructing their members and associate members about this Member Safety and Wellness Policy.

ALCOHOL AND DRUGS

1. The possession, use and/or consumption of alcoholic beverages, while on chapter premises, during an official Fraternity event, or in any situation or setting sponsored or endorsed by the chapter, must be in compliance with any and all applicable laws of your state, county, and city. No person under the legal drinking age may possess, consume, provide or be provided alcoholic beverages.

2. The sale of alcohol, by any chapter is prohibited. This prohibition includes any action that is a functional substitute for the sale of alcohol such as: charging for admission to parties, passing the hat, selling empty cups, or selling drink tickets.

3. Alcoholic beverages may not be purchased with chapter funds. Nor, may the purchase of alcoholic beverages be undertaken or coordinated by any member in the name of or on behalf of the chapter. Alcoholic beverages must not be purchased with chapter/organizational funds or funds pooled by members or guests (e.g., admission fees, cover fees, collecting funds through digital apps, etc.).

4. Chapter events may not involve the use of bulk quantities of alcohol, kegs of beer or any common source container of alcohol. Common sources of alcohol, including bulk quantities, which are not being served by a licensed and insured third party vendor, are prohibited (i.e., amounts of alcohol greater than what a reasonable person should consume over the duration of an event).

Alcoholic beverages must either be:

- a. Provided and sold on a per-drink basis by a licensed and insured third-party vendor (e.g., restaurant, bar, caterer, etc.); or
- b. Brought by individual members and guests through a bring your own beverage ("BYOB") system.

The presence of alcohol products above 15% alcohol by volume ("ABV") is prohibited on any chapter/organization premises or at any event, except when served by a licensed and insured third-party vendor.

5. Any legal use of alcohol by members or guests should not permit, encourage, coerce, glorify or participate in the encouragement of rapid consumption, drinking games, or the direct or indirect pressuring of any person to consume alcohol.

6. No chapter shall sponsor open parties, meaning those with unrestricted access and without specific invitation, where alcohol is present. Attendance by non-members at any event where alcohol is present must be by invitation only, and the chapter/organization must utilize a guest list system. Attendance at events with alcohol is limited to a 3:1 maximum guest-to-member ratio and must not exceed local fire or building code capacity of the chapter/organizational premises or host venue.

7. Any event or activity related to the new member joining process (e.g., recruitment, intake, rush, etc.) must be substance free. No alcohol or drugs may be present if the event or activity is related to new member activities, meetings, or initiation into an organization, including but not limited to "bid night," "big/little" events or activities, "family" events or activities, and any ritual or ceremony.



MEMBER SAFETY AND WELLNESS POLICY

8. No chapter may co-sponsor, co-promote or co-finance an event with a bar, tavern, distributor of alcohol, charitable organization, or student organization where alcohol is sold, given away or otherwise provided. A chapter/organization must not co-host or co-sponsor an event with a bar, event promoter, or alcohol distributor; however, a chapter/organization may rent a bar, restaurant, or other licensed and insured third-party vendor to host a chapter/organization event. A chapter/organization must not co-host or co-sponsor, or in any way participate in, an activity or event with another group or entity that purchases or provides alcohol.

9. Members and their guests must follow the federal law regarding illegal drugs and controlled substances. No person may possess, use, provide, distribute, sell, and/or manufacture illegal drugs or other controlled substances while on chapter/organizational premises or at any activity or event sponsored or endorsed by the chapter/organization.

HAZING

The term “hazing” means any intentional, knowing, or reckless act committed by a person, whether individually or in concert with other persons, against any individual or group of individuals, regardless of affiliation, whether or not committed on Sigma Tau Gamma property, for the purpose of recruiting, joining, pledging, initiating, admitting, affiliating, being elected to a position within the fraternity or chapter, or for the purpose of retaining or reinstating membership in an organization that causes an individual or group of individuals to do any of the following, regardless of a person’s willingness to participate:

1. Be coerced to violate federal, state, provincial, local law, or Sigma Tau Gamma policy.
2. Be coerced to consume any food, liquid, alcoholic liquid, drug, or other substance in any non-customary manner which subjects the individual or group of individuals to a substantial risk of emotional or physical harm which includes but not limited to sickness, vomiting, intoxication, or unconsciousness.
3. Endure brutality of a physical nature, including but not limited to whipping, beating, paddling, branding, dangerous physical activity, or exposure to elements or endure threats of such conduct that results in mental or physical harm.
4. Endure brutality of a mental nature, including but not limited to activity adversely affecting the mental health or dignity of the individual, sleep deprivation, exclusion from social contact or conduct that could result in extreme embarrassment or endure threats of such conduct that results in mental or physical harm.
5. Endure any other activity which adversely affects the health and safety of an individual, including but not limited to the disruption of academic performance or class attendance, required designated driving programs, line ups, calisthenics, or personal, physical, or financial servitude.

No chapter or member of the Fraternity, whether collegiate member or alumnus, shall engage, encourage, initiate, or conduct the practice of hazing. Violation of this policy, as determined after the disciplinary process as set forth in the Fraternity’s policy or procedure, will be cause for the expulsion of guilty individuals from the Fraternity or the suspension of the charter and closing of guilty chapter or both.



MEMBER SAFETY AND WELLNESS POLICY

Each chapter of Sigma Tau Gamma Fraternity be admonished to initiate new members with strict adherence to the Ceremony of Initiation as prescribed in the Ritual Manual of the Fraternity. No chapter shall conduct any pre-initiation activities or modify the prescribed ritual of the Fraternity in any manner,

SEXUAL MISCONDUCT

Sigma Tau Gamma Fraternity and its members must comply with all university rules and policies, federal, state, provincial, and local laws related to sexual misconduct. This is including, but not limited to, definitions around consent, sexual violence, sexual harassment, domestic violence, dating violence, stalking, and sexual exploitation. The employment or use of strippers, exotic dancers or similar, whether professional or amateur, at any fraternity activity or event as defined in this policy is prohibited.

ASSAULT & BATTERY

In any activity or event sponsored or endorsed by Sigma Tau Gamma, including those that occur on or off Sigma Tau Gamma premises, no chapter, member or guest shall engage in assault and battery, as defined in the state statutes in which the activity or event occurs.

FIREARMS, EXPLOSIVE OR INCENDIARY DEVICES

Sigma Tau Gamma and its members must comply with all federal, state, provincial, local laws and campus policy as it relates to firearms or explosive or incendiary devices.

Firearms or explosive or incendiary devices are prohibited from all fraternity activities or events. Storage of firearms in the chapter facility must comply with university rules and policies as well as federal, state, provincial, and local laws.



SIG TAU

HEADQUARTERS

OUR STANDARD OF SERVICE

Every time we interact and communicate with our members and/or partners we have a choice as to how we handle that interaction. Accordingly, we will make every effort to:

Have a Positive Interaction with Each Individual, and;

- ⤴ Ensure that each interaction makes each person feel like he/she is valued and heard.
- ⤴ Keep the message respectful; delivery is equally important as the message itself.

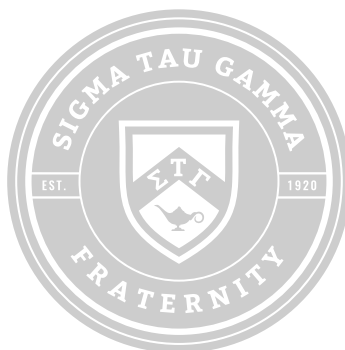
Provide a Timely Response, Be Accurate, and;

- ⤴ All phone calls, emails, and letters will be acknowledged within a timely manner.
- ⤴ Our responses will be respectful and straightforward

Focus on what we CAN do, not what we CAN'T do, and;

- ⤴ Provide our members and/or partners with choices and solutions.
- ⤴ We will strive to be energetic, creative, and think “outside of the box”.

Our decisions will be member-centric. We exist because of our members. It is our privilege to serve and support every member. We will commit to this agreement. We will always provide personal and social excellence. We strive to ensure that every interaction with us is reflective of **our principles**.





HEADQUARTERS STAFF

The Headquarters Staff strives to fulfill the Fraternity's strategic plan as set forth by the Board of Directors, supporting the overall Vision and Purpose of Sigma Tau Gamma.

EXECUTIVE

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